



Corona protocol Dutch School for Classical Shiatsu (NSKS)

Based on the RIVM guide from the Dutch government, we have developed the following protocol:

- We follow hygiene measures closely (wash hands regularly with soap and water, do not shake hands and cough or sneeze into the elbow cavity).
- We work by appointment, whereby the NSKS and the customer discuss whether the visit poses a risk by means of a health check.
- This health check consists of 2 parts:
 1. Completing a questionnaire about your health, after which you declare by signing that you have completed it truthfully. This form must be completed again for each visit. *
 2. Your temperature will be measured using a "no touch" infrared thermometer.
- You wear a protection mask.
- You use the "no touch" waste bin to throw away the paper towels after washing your hands.
- Even if you have been infected and a test shows that you no longer have corona, you should still follow the guidelines above because everyone should do their utmost to prevent further spread of the corona virus.
- All these rules also apply to your "safe partner" if you bring them to the appointment.



Check:

Stel uw klant de volgende vragen:

| | | | | |
|---|---|--|---|---|
| Had je een of meerdere van deze klachten in de afgelopen 24 uur? | | | | |
|  Hoesten |  Verkoudheidsklachten |  Verhoging of koorts |  Benaauwdheid |  Reuk- en/of smaakverlies |
| Heb je op dit moment een huisgenoot met koorts en/of benauwdheidsklachten? |  | | | |
| Heb je het nieuwe coronavirus gehad en is dit de afgelopen 7 dagen vastgesteld (in een lab) |  | | | |
| Heb je een huisgenoot /gezinslid met het nieuwe coronavirus en heb je in de afgelopen 14 dagen contact met hem/haar gehad terwijl hij/zij nog klachten had? | 14 dagen  | | | |
| Ben je in quarantaine omdat je direct contact hebt gehad met iemand waarbij het nieuwe coronavirus is vastgesteld? |  | | | |

Meer informatie: [rivm.nl/covid19](https://www.rivm.nl/covid19)

* Health check questions

If one of these questions is answered with **YES**, the customer may not come to the appointment. It must be postponed until all are answered with **NO**.

Have you had any of the following symptoms over the last 24 hours? Coughing, symptoms of a cold, fever, shortness of breath, loss of smell and or taste.

Do you have a roommate with a fever or shortness of breath at the moment?

Have you had the new coronavirus and has it been diagnosed in the past 7 days (in a lab)?

Do you have a roommate/family member who has the new coronavirus and have you been in contact with him/her in the past 14 days, whilst he/she was still showing symptoms?

Are you in quarantine because you have had direct contact with someone who has been diagnosed with the virus?



Indien een van de vragen met ja beantwoord wordt, maak dan geen afspraak of annuleer de afspraak